

| Month | Date | Event | Tier | Location | Link |
|----------|-------|--|--------------|-----------------------------|-------------------------------|
| Jan | 11 | Rogersville Ice Bowl and Chili Cookoff | C | Rogersville | Register here |
| Jan | 26 | Winged Deer Ice Bowl | Unsanctioned | Winged Deer | |
| Feb | 2 | Steele Creek Ice Bowl | Unsanctioned | Steele Creek | |
| Feb | 8 | Buffalo Trail III | Unsanctioned | Milligan University | Register here |
| Feb | 9 | Warriors Path Ice Bowl | Unsanctioned | Warriors Path | |
| Mar | 8-9 | Tim and Donna's Anniversary Extravaganza | B | Harmon Hills & Warriors | Register here |
| Mar | 22 | Bullalo Trail IV | C | Milligan University | Register here |
| Mar | 23 | Flight 1 | Unsanctioned | Lakefront | |
| Apr | 27 | Flight 2 | Unsanctioned | Winged Deer Shorts | |
| May | 3-4 | Model City Madness | C | Warriors Path & Borden | |
| May | 16-18 | River Valley Masters | B | WP, HH, WD, SH | Register here |
| May /Jun | 30-1 | Tennessee State Disc Golf Championships | A | Morristown TN | Register here |
| May | 25 | Flight 3 | Unsanctioned | Harmon Hills 1-18 | |
| June | 14-15 | Bristol Border Bash | C | Steele Creek & Sugar Hollow | Register here |
| June | 29 | Flight 4 | Unsanctioned | Sugar Hollow | |
| July | 4-5 | Red, White, and Blue-Glo | Unsanctioned | Harmon Hills | |
| July | 20 | Flight 5 | Unsanctioned | Winged Deer Longs | |
| July | 26-27 | Lakefront Open 40th Anniversary | C | Warriors Path | Register here |
| Aug | 16 | Meet the Mountains at Winged Deer | C | Winged Deer | Register here |
| Aug | 31 | Flight 6 | Unsanctioned | Harmon Hills 19-36 | |
| Sep | 5-7 | Harmon Open | A | Harmon Hills | Register here |
| Sep | 28 | Flight 7 | Unsanctioned | Cliffside | |
| Oct | 26 | Flight 8 | Unsanctioned | Christ Fellowship | |
| Nov | 8-9 | Cross State Doubles Pro Weekend | Unsanctioned | TBD | |
| Nov | 15-16 | Cross State Doubles Am Weekend | Unsanctioned | TBD | |
| Nov | 22-23 | Volunteer Cup Team Challenge | Unsanctioned | Harmon Hills | |

Harleywood and Blue Monster will be added as soon as dates are confirmed.